## MENTAL NOTES

## The Rescue Animal Mp3 Project



Gia is available at Berea Animal Rescue Berea, Ohio 440-234-2034

## By Pamela Fisher, DVM

I can never forget the barking and whining of the homeless dogs begging for my glance and the scared ones huddled in the dark corners of their unfamiliar cages whenever I visit my local shelter. As a holistic veterinarian, I knew I needed to enrich their lives as they wait for their unknown future. I am aware that many rescued animals are often traumatized and fearful as a result of their challenging life experiences.

My passion to improve their quality of life has resulted in founding the non-profit Rescue Animal Mp3 Project, LLC. This organization donates calming pet music to non-profit Rescue Adoption Shelters to promote relaxation to help the animals cope with their stress and be more inviting of loving adoptions.

I have personally observed positive responses from music in my holistic veterinary practice in North Canton, Ohio and clinical studies have documented that specific music vibration, sounds and tempos can create a calming effect on our pets. Certain musical compositions can help pets cope with common phobias such as thunderstorms, household noises and stress, creating a harmonious and enriching environment for the animals while also improving their health and behavior. Rescue Animal Mp3 Project's committed volunteers have compiled a large variety of copyrighted music, generously donated for our use, and downloaded it on to Mp3 players, offering animal shelters a convenient way to incorporate music in their facility.

The Rescue Animal Mp3 Project mission is to provide calming music to the animals in shelters across the US. I share with you the passion to improve the quality of life for these rescued animals. Thank you for your consideration of this worthy cause. Your support of the Rescue Animal Mp3 Project will enable us to purchase additional Mp3 players, provide education to shelter staff about our project and continue to expand to animal shelters across the US. I sincerely look forward to working together to spread the word to rescues and supporting this heartfelt project.

Please visit www.RescueAnimalMp3.org to learn about

our project and invite shelters to apply for calming music for their facility. For more information please contact info@RescueAnimalMp3.org or 330-266-2500. Dr. Pamela Fisher will be conducting follow up studies to monitor the desirable effects of the music on the rescued animals.

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