

## Calm My Pet

**Calming Pet Music** can create a harmonious and enriching environment for the animals while also improving their health and behavior. Clinical studies have documented that specific music vibration, sounds and tempos can create a calming effect on our pets. Specific musical compositions can help pets cope with common phobias such as thunderstorms, household noises and stress.

**Massage & Acupressure** help your pets physically as well as psychologically, helping to relieve distress, anxiety and discomfort. Massage can be used as a prevention measure for canine athletes. Other benefits include toxin release, increase in flexibility, build confidence and restore energy.

**Reiki** (Universal Life Force Energy) is an ancient Japanese art of natural healing. With this Touch Healing technique, the healer uses her hands to transmit energy healing and balancing of energy flows of the physical and emotional body. Reiki brings about deep relaxation, destroys energy blockages, detoxifies the system, provides new vitality in the form of healing universal life energy, and increases the vibrational frequency of the body.

**Color therapy** uses color and light to balance energy of the physical, emotional, spiritual, or mental body. Specific colors may be applied by lights, essences, fabric, gemstones and colored glasses. Color can be targeted at the energy centers of the body and acupuncture points to bring homeostasis. Rainbow, a combination of all the colors, is especially calming for stress, storms, phobias and trauma.

**Essences for Emotions** can provide calming and balance as a general calming tonic or tailored for specific emotional issues. They are easily mixed with your pet's water daily or as needed.

- **Rescue Remedy for Pets** is a five flower combination to help calm with stress, trauma, grief and fears.
- **Canadian Tree Essences** are used with animals to restore well being, balance and calmness. Available in Rescue, Restore, Whisper, Cat, Dog, Horse and Alpaca essences.
- **Gem Essences** are made from gemstones, stones or metals to promote harmony and well being for animals. Available in Aggress- Ease, Stress-Ease, Trauma-Ease, Whole Love, Happy Legs and Happy Joints.

**Thundershirts** are helpful for anxious, fearful or over-excited dogs. Thundershirt's patent-pending design applies a gentle, constant pressure that has a dramatic calming effect for most dogs.

**Feliway** is a synthetic copy of the feline facial pheromone, used by cats to mark their territory as safe and secure. By mimicking the cat's natural facial pheromones, Feliway creates a state of familiarity and security in the cat's local environment. As a result, Feliway can be used to help comfort and reassure cats, while they cope with a challenging situation and/or help prevent or reduce the stress caused to a cat during a change in their environment. Feliway is available in 2 forms: as a spray and an electric diffuser.

**D.A.P.** mimics the pheromone that the mother dog produces to calm and reassure her puppies. Dogs recognize these pheromones throughout life, as they appear to have a relaxing effect on both the young and adults. The D.A.P. Collar, spray or diffuser also helps dogs cope with new situations, such as adjusting to new homes, new pets, visitors and strange environments, as well as dogs that are frightened of thunderstorms and fireworks. D.A.P. Spray may be applied directly on bedding, inside crates or kennels, or sprayed in the car 15 minutes prior to introducing the dog to the area.

\* Always consult your veterinarian to discern if your pet has any underlying physical problems.

Visit [HolisticPetTherapy.com](http://HolisticPetTherapy.com) or [CalmMyPet.com](http://CalmMyPet.com) for more information and to purchase products

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